

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizette Prinsloo**

Has successfully participated & completed the

**10km Four Seasons @ the Cowhouse - Spring**

held at Cowhouse Market.

**TIME 01:03:23**

**PACE 06:19/km**

**OVERALL 20 of 51**

**GENDER 5 of 27**

**40 - 49 2 of 11**

28 October 2018, Sun

Date



*BoutTime*

Signature

